

<p>CT Scan -If pt has allergy to Iodine/IV contrast—please call AMI nurses to set up a protocol</p> <p>CT Head/Brain w/out & w/ contrast: NPO 2 hrs. prior to exam. CT Soft Tissue Neck w/ contrast: NPO 2 hrs. prior to exam. CT Chest w/ contrast: NPO 2 hrs. prior to exam. CT Abdomen w/ contrast: NPO 4 hrs. prior to exam. Drink 1 bottle <i>RediCat 2</i> 1 hr. prior to exam. CT Abdomen/Pelvis w/ contrast: NPO 4 hrs. prior to exam. Drink ½ bottle <i>RediCat 2</i> night before exam. Drink 1 bottle <i>RediCat 2</i> 1 hr. prior to exam. Bring remaining ½ bottle <i>RediCat 2</i> to appointment. CT Chest/Abdomen/Pelvis: NPO 4 hrs. prior to exam. Follow oral prep for Ct Abdomen/Pelvis. CT Pelvis: NPO 4 hrs. prior to exam. Follow oral prep for CT Abdomen/Pelvis. CT Extremity: No prep.</p>	<p>(Scan Time: Approx. 30 min.)</p>
<p>MRI Scan</p> <p><i>Note: If patient is claustrophobic, anti-anxiety medication may be necessary prior to exam.</i> MRCP: NPO after midnight. Brain, C-T-L Spine, Extremity: No prep.</p>	<p>(Scan Time: Approx. 45 min.)</p>
<p>Women’s Center</p> <p>Mammography: Do not wear deodorant or perfume. DEXA w/DVA: No prep. Procedure time: 20 min. Please wear pants without zipper and/or metal buttons, if possible. Stereotactic Biopsy: AMI staff will call patient to educate and advise of prep & protocol. Ultrasound Breast Biopsy: AMI staff will call patient to educate and advise of prep & protocol.</p>	<p>(Scan Time: Varies per Procedure)</p>
<p>Ultrasound</p> <p>Abdomen: Nothing to eat, drink (including water), gum chew, or smoke 8 hrs. prior to exam. Pelvis/OB: Drink 48-64 oz. of water. The patient should be finished drinking 1 hr. prior to exam. Do not empty bladder. <u>All</u> OB patients need a full bladder. Renal/Retroperitoneal: Drink at least 24 oz. of water prior to exam. The patient should be well-hydrated, but the bladder does not need to be full. May eat lightly prior to exam. Carotid, Venous, Thyroid, Breast, Testicular: No prep required.</p>	<p>(Scan Time: Approx. 30-45 min.)</p>
<p>PET Scan</p> <p>PET Whole Body (Oncology): NPO 4 hrs. prior to exam. Patient may take regularly scheduled meds. with water only. No diuretic on day of exam (i.e. Lasix). If pain meds. or anti-anxiety meds. are needed, please have patient bring meds. with them to AMI and technologist will instruct patient when to take meds. Wear comfortable clothing. PET Brain (Neurology): NPO 4 hrs. prior to exam. Patient may take regularly scheduled meds. with water only. No diuretic on day of exam. If pain meds. or anti-anxiety meds. are needed, please have patient bring meds. with them to AMI and technologist will instruct patient when to take meds. Diabetics need to follow their diet the day before and day of scan. Take insulin as normally instructed. <i>Note: Please fax current list of neuro-related medications for patient to AMI at 484-6688.</i> PET Cardiac Viability (Cardiology): Patient will need to eat 2 hrs. prior to exam (see sample breakfast for A.M. or P.M. appointment times). No diuretic on day of exam. Diabetic patients need to follow their diet the day before and day of scan. Take insulin normally as directed. A.M. Appointment Breakfast: Pancakes/French Toast with syrup and juice. P.M. Appointment Lunch: Pasta with meatballs/pizza or rice and vegetables with dessert and soda (no diet soda).</p>	<p>(Scan Time: Approx. 90-120 min.)</p>
<p>Nuclear Medicine</p> <p>Bone Scan: No prep. Intravenous injection. Patient will return 3 hrs. later for scan. Hepatobiliary: NPO 6 hrs. Ejection fraction with milk unless CCK is specified by MD. Scan time: 2 hrs. Thyroid Uptake & Scan: NPO 4 hrs. Please fax all thyroid labs. Pt. off thyroid meds. 4-6 weeks. No IV contrast 6 weeks prior to exam. Pregnancy test required. 2 day protocol. Thyroid Ablation: NPO 4 hrs. Please specify if for hyperthyroidism or thyroid cancer. Pregnancy test required. Call AMI scheduling for patient protocol. I-131 Whole Body: NPO 4 hrs. Off of Synthroid, TSH >35. Date of thyroidectomy. Labs faxed. Pregnancy test required. Renal Scan: Well-hydrated. Lung Scan: No prep.</p>	<p>(Scan Time: Approx. 60 min.)</p>
<p>Diagnostic/Fluoroscopy</p> <p>Barium Swallow/Esophagus: NPO after midnight. Upper GI Series: NPO after midnight. Small Bowel Series: NPO after midnight. Barium Enema/Air Contrast Barium Enema: Send patient to AMI to pick up prep, protocol, and patient education. IVP: Send patient to AMI to pick up prep, protocol, and patient education. Hysterosalpingography: Pt. needs to be on day 10 of their menstrual cycle.</p>	<p>(Scan Time: Varies per Procedure)</p>